

# Monday Moms of Littles

*Mothers of infants through preschoolers*

**The MomCo Meetup Group | 9:30-11:30 am**

**Cost:** \$85 (plus \$5 per child for Kids Ministry) per semester

## FALL SEMESTER

**September 9** – Kickoff Meeting

**September 23** – Declutter and Organize Your Home (and Life)

**October 7** – Finding Your Place in God's Plan

**October 21** – Playtime With Our Kids While Still Building Independence

**November 4** – Navigating Perinatal Mental Health

**November 18** – Creating Healthy Boundaries in All Relationships

**December 9** – Christmas Brunch

## SPRING SEMESTER

**\*TUESDAY, January 7** – Offsite Playdate

**January 27** – Pelvic Floor Health

**February 10** – Intimacy in Marriage During These Tricky (Sleep-Deprived) Years

**February 24** – Early Conversations on the Birds and the Bees

**March 10** – Seeking Out Goodness in the Chaos of Life

**March 31** – Spring Fun Day: Workshop Meeting

**April 14** – Outreach Day: Let's Give Back!

**May 5** – Spring Brunch

*\*MomNation combined event*

# Tuesday Moms of Littles

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**Cost:** \$85 (plus \$5 per child for Kids Ministry) per semester

## FALL SEMESTER

**September 10** – Kickoff Meeting

**September 24** – Declutter and Organize Your Home (and Life)

**October 8** – Finding Your Place in God's Plan

**October 22** – Playtime with our Kids While Still Building Independence

**November 5** – Navigating Perinatal Mental Health

**November 19** – Creating Healthy Boundaries in All Relationships

**December 10** – Christmas Brunch

## SPRING SEMESTER

**\*January 7** – Offsite Playdate

**January 28** – Pelvic Floor Health

**February 11** – Intimacy in Marriage During These Tricky (Sleep-Deprived) Years

**February 25** – Early Conversations on the Birds and the Bees

**March 11** – Seeking Out Goodness in the Chaos of Life

**April 1** – Spring Fun Day: Workshop Meeting

**April 15** – Outreach Day: Let's Give Back!

**May 6** – Spring Brunch

*\*MomNation combined event*