# Monday Moms in the Middle

Mothers of school aged kids and teens

Morning Group | 9:30-11:30 am

Cost: \$65 (plus \$5 per child for Kids Ministry) per semester

### **FALL SEMESTER**

September 9 - Kickoff Meeting

September 23 - A Look Into Adolescent Mental Health

October 7 - Ways to Simplify Your Home (and Life)

October 21 - Faith Questions Finally Answered with Pastor Craig Smith

November 4 - Outreach Day: Let's Give Back!

November 18 - Women's Health: Menopause and Perimenopause

December 9 - Christmas Brunch

#### **SPRING SEMESTER**

TUESDAY, January 7 - Game Day

THURSDAY, January 23 – Evening Meeting (bring your husband!)

**February 10** – Are My Kids On Track?

February 24 - Choose Your Own Adventure: Workshop Meeting

March 10 - A Conversation on Human Sexuality and Gender Identity

March 31 - Self Defense Class with Z-Ultimate Self Defense Studios

April 14 - Protect Young Eyes: Creating a Tech-Ready Home

May 5 - Spring Brunch

## Monday Moms in the Middle

Mothers of school aged kids and teens

Evening Group | 6:30-8:00 pm

Cost: \$25 (plus \$5 per child for Kids Ministry) per semester

### **FALL SEMESTER**

September 23 - Kickoff Meeting

October 28 – A Look Into Adolescent Mental Health

**November 18** – Ways to Simplify Your Home (and Life)

December 16 - Women's Health: Menopause and Perimenopause

### **SPRING SEMESTER**

THURSDAY, January 23 - Evening Meeting (bring your husband!)

February 24 - Faith Questions Finally Answered with Pastor Craig Smith

March 31 - A Conversation on Human Sexuality and Gender Identity

April 28 - Protect Young Eyes: Creating a Tech-Ready Home

May 12 - Spring Dinner

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