

WOMEN'S MINISTRY 2024-2025



### LISTEN

Listen, listen to me...and you will delight in the richest of fare. Give ear and come to me; listen, that you may live. Isaiah 55:2b-3a

One of my favorite things to do to rest from the busyness and noise of this world is to sit on my back patio and listen to the birds. There are many different kinds of birds, each with its own unique chirp. I especially love the tiny red birds and I need to listen to them intently as they talk to one another in order to distinguish them from all the rest of the birds. It started me thinking about listening to God. Am I that focused to hear from Him?

Am I able to filter out the sounds around me and tune my heart to the voice of God? For me, listening to God comes usually in either prayer or Scripture reading. It's a still, quiet voice, not an audible one. It's almost like God takes a highlighter to His word and guides me. Listening to God draws me closer to Him.

I know from Scripture that God hears me when I call to Him—no prayer goes unheard or unanswered. *Then you will call to me, and I will listen to you.* Jeremiah 29:12 I also know He wants me to hear from Him. He says in Isaiah, *listen, that you may live.* He wants us to live life to the fullest and follow Him. John 10:27 says, *His sheep listen to His voice, and they follow.* 

My heart's desire is for our theme this year to encourage us to actively LISTEN to God. Let's be intentional about our practice of reading His word and becoming familiar with His voice.

Together this year, let's LISTEN, become more like Jesus, and join Him on mission.

Janet Carter and the Women's Ministry Team

Women's Ministry Executive Director

Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it."

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For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

Hebrews 4:12

### Year at a Glance

2024-2025

September 9 Bible Studies + MomNation

Fall Semester Begins

November 1 - 2 LISTEN to God's Voice - Women's Fall Event

Featuring Lisa Harper

January 6 Bible Studies

Spring Semester Begins

January 7 MomNation

Spring Semester Begins

**February** Comedy Date Night

Spring Women's Spring Event

TBD

June 20-21 Lifeway Women Presents: FEAST

Featuring Kristi McLelland and Worship with Laura Cooksey

August 12 Deeper

He replied, "Blessed rather are those who hear the word of God and obey it."

Luke 11:28



### 田 S S STUD BIBLE

### **Bible Studies**

Our Bible studies meet in small groups of about 15-25 women, mostly multigenerational. We encourage you to stay with the same group all year to give you the best opportunity to build community.

We offer several studies from which to choose. To simplify the process, we suggest you choose a study that is right for you based on:

- » Homework level
- » Most convenient day or night of the week

If you are new to Bible study, we encourage you start with a low-intensity option.

To guarantee your curriculum is ready on the first day of class, please register by August 23 for the fall semester and December 13 for the spring semester at *MissionHills.org/wbs*.

Kids Ministry is provided for our morning studies. For more information, please see policies in the back of this booklet.

LOW INTENSITY	MID INTENSITY	HIGH INTENSITY
These studies require approximately <b>1-2 hours</b> of homework per week.	These studies require approximately <b>2-3 hours</b> of homework per week.	These studies require approximately <b>5+ hours</b> of homework per week.

### **LITTLETON CAMPUS - MORNING STUDIES**

DAY	TIME	<b>FALL</b> September - December	<b>SPRING</b> January - April		
SUN	11:00 am - 12:00 pm	Women's Sunday School No registration necessary - ongoing	Women's Sunday School No registration necessary - ongoing		
	9:30 am – 11:30 am	MomNation Study, pg. 22 As For Me	MomNation Study, pg. 22 Luke in the Land		
MON		As For Me	Luke in the Land		
	10:00 am – 12:00 pm	Ephesians	Esther		
	12.00 pm	Revelation	A Woman's Heart		
	9:30 am - 11:30 am	MomNation Study, pg. 22 As For Me	MomNation Study, pg. 22 Luke in the Land		
		As For Me	Luke in the Land		
TUE	10:00 am -	Ephesians	Esther		
	12:00 pm	Revelation	A Woman's Heart		
		Joy of Living - James	Joy of Living - Isaiah		
	10:00 am - 12:00 pm	Wives of First Responders,	Wives of First Responders,		
		<b>pg. 27 -</b> Ephesians	<b>pg. 27 -</b> Esther		
WED		As For Me	Luke in the Land		
		Ephesians	Esther		
		Revelation	A Woman's Heart		
	9:30 am – 12:00 pm	Precept Upon Precept Matthew	Precept Upon Precept James		
		As For Me	Luke in the Land		
THUR	10:00 am – 12:00 pm	Ephesians	Esther		
		Revelation	A Woman's Heart		
		Joy of Living - Mark (full year)	Joy of Living - Mark (continued)		
		Joy of Living - James	Joy of Living - Isaiah		
SAT	10:00 am – 12:00 pm	- As For Me Luke in the Land Meets off-site Meets off-site			

### **LITTLETON CAMPUS - EVENING STUDIES**

DAY	TIME	<b>FALL</b> September - December	<b>SPRING</b> January - April	
MON	6:00 pm - 8:00 pm	Revelation	A Woman's Heart	
mon	6:30 pm – 8:30 pm	As For Me Luke in the Land		
TUE	6:30 pm -	Wives of First Responders, pg. 27 Ephesians	Wives of First Responders, pg.27 Esther	
	8:30 pm	As For Me	Luke in the Land	
		Ephesians 20's - 30's	Esther 20's - 30's	
		As For me	Luke in the Land	
THUR	6:30 pm -	Joy of Living - James	Joy of Living - Isaiah	
	8:30 pm	Revelation	A Woman's Heart	

### **NORTH LITTLETON CAMPUS**

DAY	TIME	<b>FALL</b> September - December	<b>SPRING</b> January - April	
WED	6:00 pm - 8:00 pm	As For Me	Luke in the Land	

### **ONLINE CAMPUS**

**ZOOM** - Participate in a weekly small group discussion via video conferencing.

DAY	TIME	<b>FALL</b> September - December	<b>SPRING</b> January - April	
TUES	10:00 am – 11:30 am	Precept Upon Precept Matthew Precept Upon Precept James		
	7:00 pm – 8:30 pm	Precept Upon Precept Matthew	Precept Upon Precept James	
WED	6:30 pm – 8:00 pm	As For Me Luke in the Land		

### **CASTLE ROCK CAMPUS**

DAY	TIME	<b>FALL</b> September - December	<b>SPRING</b> January - April	
WED	10:00 am – 12:00 pm	As For Me	Luke in the Land	
FRI	10:00 am – 12:00 pm	Revelation	A Woman's Heart	

### **BIBLE STUDY PODCAST**

The Bible Study Podcast is a space where you can come and go as your schedule allows, learn, and be refreshed by Jesus and His Word. For full descriptions of the podcast options please see page 50.

MissionHills.org/podcast-bible-study/

### **LOW INTENSITY**

### As For Me by Adrienne Camp - includes video teaching, \$25

- Discover God's steadfast goodness through the Psalms.
- » Learn how to keep your eyes fixed on God, no matter your circumstances.
- » Develop a deeper walk with Jesus and know that God is trustworthy even when it's difficult to trust Him.

### **Ephesians** by Jackie Hill Perry, Jasmine Holmes, and Melissa Kruger – includes video teaching, \$25 (Wives of First Responders, \$35)

- » Understand the riches of our inheritance as daughters of our heavenly Father, as well as what it means to walk in a manner worthy of our calling.
- » Dive into themes of unity with Christ and unity with one another.
- » Comprehend the depths of God's love and discover the blessings of obedience to Christ.

### Luke in the Land by Kristi McLelland - includes video teaching, \$25

- » Travel through Israel to the places Jesus walked to behold the Gospel story in a whole new way.
- » Gain a deeper understanding of stories retold from a first-century point of view.
- » Explore cultural and historical concepts that will give new perspective on wellknown Biblical stories.

### **Esther** by Kelly Minter - includes video teaching, \$25 (Wives of First Responders, \$35)

- » Discover how Esther's story inspires us to live faithfully and courageously in our own time.
- » Understand how the book of Esther fits into God's redemptive story.
- » Be reminded that God is always at work, in every place, and at all times.
- » See how God uses faithful men and women working together to accomplish His redemptive purposes in the world.

### **MID INTENSITY**

### **Revelation** by Jen Wilkin - includes video teaching, \$25

- Study the book of Revelation from beginning to end.
- » Learn how to read apocalyptic writing and interpret fascinating visual imagery and biblical symbolism.
- » Move from confused to courageous, anxious to assured, and disoriented to defined as you study the book of Revelation.
- » Understand Revelation as the culmination of God's great story.

### A Woman's Heart - God's Dwelling Place by Beth Moore - includes video teaching, \$25

- » Explore the fascinating account of the building of the Old Testament tabernacle and the significance of its intricate design.
- » Understand its pivotal role in God's eternal plan and the grand fulfillment of its purpose by Jesus Christ.
- » Discover its variety of meanings for your walk with God today.

### Mark by Joy of Living - Part 1 & Part 2 (Full Year Study), \$50

- » Encourage your heart and build your faith with a verse-by-verse study of Mark.
- » Study Mark's emphasis on Jesus as both fully man and fully God.
- » Learn about Jesus as the "Servant who rules" and how His God-given authority upset the status quo.

### James by Joy of Living, \$15

- » Study one of the most practical letters of the Bible that teaches we must not only believe our faith, but also live it.
- » Explore the challenges of dynamic Christianity characterized by good deeds and faith expressed consistently in our lives.

### Isaiah by Joy of Living, \$25

- » Understand the main themes running throughout the book of Isaiah.
- » Focus on the personal application as well as historical events and prophecy.
- » Study God's unchanging character: His holiness, justice, judgment, and mercy.

### **HIGH INTENSITY**

### Matthew by Precept Upon Precept - includes video teaching, \$50

- » Come face-to-face with the long-awaited Jewish Messiah and learn about His kingdom.
- » Gain a deeper understanding of the resurrection and its power in your life.
- » Take up the challenge to share the Gospel with others.

### James by Precept Upon Precept - includes video teaching, \$30

- » Answer the questions: What is true faith? How should you live the Christian life?
- » Learn God's principles for dealing with trials, temptations, the tongue, and the pull of the world.



# MOMNATIC

### **MomNation**

MomNation is dedicated to encouraging, equipping, and empowering you in motherhood through the many stages of life. Come find community and inspiration to be the best mom you can be.

Find the group that best fits your stage of life.

GROUP	DAY	FREQUENCY	TIME	SCHEDULE
Moms of Littles Mothers of Infants - Preschoolers	MON	Twice Monthly	9:30-11:30 am	See Page 17
Moms of Littles Mothers of Infants - Preschoolers	TUE	Twice Monthly	9:30-11:30 am	See Page 18
Moms in the Middle (Morning) Mothers of School Aged Kids	MON	Twice Monthly	9:30-11:30 am	See Page 19
Moms in the Middle (Evening) Mothers of School Aged Kids	MON	Monthly	6:30-8:00 pm	See Page 20
Working Moms of Littles	SAT	Monthly	8:00-9:45 am	See Page 21
MomNation Bible Study	MON or TUE	Twice Monthly	9:30-11:30 am	See Page 22
Single Moms Group	MON	Monthly	6:30-8:00 pm	See Page 26
As We Wait - Infertility Support	MON	Monthly	6:30-8:00 pm	See Page 26

### **Monday Moms of Littles**

Mothers of infants through preschoolers

The MomCo Meetup Group | 9:30-11:30 am

Cost: \$85 (plus \$5 per child for Kids Ministry) per semester

### FALL SEMESTER

September 9 - Kickoff Meeting

September 23 – Declutter and Organize Your Home (and Life)

October 7 - Finding Your Place in God's Plan

October 21 - Playtime With Our Kids While Still Building Independence

**November 4** - Navigating Perinatal Mental Health

November 18 - Creating Healthy Boundaries in All Relationships

December 9 - Christmas Brunch

### SPRING SEMESTER

\*TUESDAY, January 7 - Offsite Playdate

January 27 - Pelvic Floor Health

February 10 – Intimacy in Marriage During These Tricky (Sleep-Deprived) Years

February 24 - Early Conversations on the Birds and the Bees

March 10 - Seeking Out Goodness in the Chaos of Life

March 31 - Spring Fun Day: Workshop Meeting

April 14 - Outreach Day: Let's Give Back!

May 5 - Spring Brunch

<sup>\*</sup>MomNation combined event

### **Tuesday Moms of Littles**

Mothers of infants through preschoolers

The MomCo Meetup Group | 9:30-11:30 am

Cost: \$85 (plus \$5 per child for Kids Ministry) per semester

### **FALL SEMESTER**

September 10 - Kickoff Meeting

September 24 – Declutter and Organize Your Home (and Life)

October 8 - Finding Your Place in God's Plan

October 22 - Playtime with our Kids While Still Building Independence

November 5 - Navigating Perinatal Mental Health

November 19 - Creating Healthy Boundaries in All Relationships

**December 10** – Christmas Brunch

### SPRING SEMESTER

\*January 7 - Offsite Playdate

January 28 - Pelvic Floor Health

February 11 - Intimacy in Marriage During These Tricky (Sleep-Deprived) Years

**February 25** – Early Conversations on the Birds and the Bees

March 11 - Seeking Out Goodness in the Chaos of Life

April 1 - Spring Fun Day: Workshop Meeting

April 15 - Outreach Day: Let's Give Back!

May 6 - Spring Brunch

\*MomNation combined event

### Monday Moms in the Middle

Mothers of school aged kids and teens

Morning Group | 9:30-11:30 am

Cost: \$65 (plus \$5 per child for Kids Ministry) per semester

### **FALL SEMESTER**

September 9 - Kickoff Meeting

September 23 - A Look Into Adolescent Mental Health

October 7 – Ways to Simplify Your Home (and Life)

October 21 - Faith Questions Finally Answered with Pastor Craig Smith

November 4 - Outreach Day: Let's Give Back!

November 18 - Women's Health: Menopause and Perimenopause

December 9 - Christmas Brunch

### SPRING SEMESTER

TUESDAY, January 7 - Game Day

THURSDAY, January 23 – Evening Meeting (bring your husband!)

February 10 - Are My Kids On Track?

February 24 - Choose Your Own Adventure: Workshop Meeting

March 10 - A Conversation on Human Sexuality and Gender Identity

March 31 - Self Defense Class with Z-Ultimate Self Defense Studios

April 14 - Protect Young Eyes: Creating a Tech-Ready Home

May 5 - Spring Brunch

### Monday Moms in the Middle

Mothers of school aged kids and teens

Evening Group | 6:30-8:00 pm

Cost: \$25 (plus \$5 per child for Kids Ministry) per semester

### **FALL SEMESTER**

September 23 - Kickoff Meeting

October 28 - A Look Into Adolescent Mental Health

**November 18** – Ways to Simplify Your Home (and Life)

December 16 - Women's Health: Menopause and Perimenopause

### SPRING SEMESTER

THURSDAY, January 23 - Evening Meeting (bring your husband!)

February 24 - Faith Questions Finally Answered with Pastor Craig Smith

March 31 - A Conversation on Human Sexuality and Gender Identity

April 28 - Protect Young Eyes: Creating a Tech-Ready Home

May 12 - Spring Dinner

### Saturday Working Moms of Littles

Mothers of infants through preschoolers

The MomCo Meetup Group | 8:00-9:45 am

Cost: \$50 (plus \$5 per child for Kids Ministry) per semester

### FALL SEMESTER

September 7 - Kickoff Meeting

October 12 - Help Your Kids (and You) Sleep Better

November 2 - Creating Healthy Boundaries in All Relationships

December 7 - Been There, Done That - Mentor Mom Panel

### SPRING SEMESTER

January 11 - Healthy Rhythms as a Working Mom

February 1 - Intimacy in Marriage During These Tricky (Sleep-Deprived) Years

March 1 - Navigating Perinatal Mental Health

April 5 - Best Practices and Craft Day

May 3 - Spring Brunch

### MomNation Bible Study

This study is designed to coordinate with weekday **Moms of Littles** and **Moms in the Middle** groups and meets opposite weeks from these groups. This allows for two weeks to complete one week's worth of homework. Come as you are – someone who is new to the faith or who wants to strengthen their faith. Let's grow closer to Jesus together!

Monday Study – September 16-May 12, 9:30-11:30 am Tuesday Study – September 17-May 13, 9:30-11:30 am

### **FALL STUDY**

Low Intensity: As For Me - Life Through the Lens of the Psalms by Adrienne Camp, includes video teaching

Fall Cost: \$25 (Kids Ministry is provided)

- » Discover God's steadfast goodness through the Psalms.
- » Learn how to keep your eyes fixed on God, no matter the circumstances surrounding you.
- » Understand God is trustworthy even when it's difficult to trust Him.

### **SPRING STUDY**

Low Intensity: Luke in the Land by Kristi McLelland, includes video teaching

Spring Cost: \$25 (Kids Ministry is provided)

- » Travel through Israel to the places Jesus walked to behold the gospel story in a whole new way.
- » Gain a deeper understanding of common stories retold from a first-century point of view.
- » Explore cultural and historical concepts that will give new perspective on well-known Bible stories.



### GATHER

### Gather

Ladies, we need community! We need a place to talk, laugh, connect, and enjoy being with one another. We need to meet new friends, discover points of commonality, and talk about our lives. We all yearn for deep connections—so let's start working on them together!

If you are looking for a place to meet other women, talk, and really connect, if your life can't accommodate a class with homework, but you still long for intentional, God-centered conversation—gather is the place for you.

### What is gather?

- » A once-a-month meeting where women can meet, talk, connect, engage in God-centered dialogue, and build community.
- » Together we will watch a short video (10-15 minutes) and then spend time in conversation at round tables.

### When and where is gather happening?

» The 2nd Monday of every month from 6:30-8:00 pm, at the MHC Littleton Campus.

### Is gather a Bible Study?

» No. This is a group with the focus of building strong community. We will engage with the Bible and utilize a curriculum as a resource.

### Is there homework?

» No. The curriculum we selected has the option for deeper personal study, but is not required, and we will not review any homework during the meeting.

### Who is gather for?

» Any woman seeking to meet friends, engage in conversation, pursue God, and deepen her community.

### What curriculum is gather using?

» For the 24-25 year, we will use the study Find Your People: Building Deep Community in a Lonely World by author and speaker Jennie Allen.

Let's stop *looking* for community and start *building* it. We'd love for you to join us! For registration information – visit MissionHills.org/groupfinder



SUPPORT GROUPS

### AS WE WAIT - INFERTILITY SUPPORT

Are you struggling with infertility? Are you battling secondary infertility and need hope? You are not alone. Come talk with other women who understand what you are going through. Our journeys of infertility and loss are all unique, but we share many common threads. Please reach out if would like to connect with other women who have shared your story in some way.

Register: MissionHills.org/momnation-groups/

Ashley Winter ashley.a.winter@gmail.com

### SINGLE MOMS GROUP

Whether you are a teen, never married, divorced, or widowed, being a single mom can be challenging. Together we will support each other and be equipped with positive instruction and practical tools that will inspire us to live well as single moms and raise healthy children. Kids Ministry is available.

Register: MissionHills.org/momnation-groups/

Facebook Group: Mission Hills Church Single Mom's Group

Sonja Wysocki | sonja.sorensen@gmail.com

### TAPESTRY - A MINISTRY FOR WIDOWS

As a widow it can be difficult to find a community where you feel like you fit in and others understand what you have been through. Join us to connect and find ways to feel supported. It does not matter how old or young you are or how long you have been widowed. All are welcome.

Leslie Samson | Isamson@missionhills.org

### WIVES OF FIRST RESPONDERS

This group is for wives, fiancés, and girlfriends of first responders. Join us on Tuesday evenings or Wednesday mornings for weekly Bible study as well as occasional craft mornings and social events. We are women who are passionate about studying God's word and building authentic and joy-filled community as we navigate the first responder life together. Kids Ministry is available.

Facebook Group: Mission Hills First Responders Wives

Kayla Mander | kmander@missionhills.org

How great you are, Sovereign LORD! There is no one like you, and there is no God but you, as we have heard with our own ears.

2 Samuel 7:22



## OUTREACH

### National Outreach

Often, we want to serve but don't know how or where to begin. Below are ministries you can serve with as a small group, a family, or as an individual.

### **ALTERNATIVES PREGNANCY CENTER**

### YouHaveAlternatives.org

Alternatives Pregnancy Center cares for those in the Denver area in pregnancyrelated crisis and offers them a meaningful alternative to abortion.

Advocate: Howard Voien | howard.voien03@gmail.com

### **BRIDGE OF HOPE**

### GreaterDenver.BridgeofHopeInc.org

Bridge of Hope serves single mothers and their children who are homeless or at risk of homelessness in the greater Denver area. They work to engage Christian faith communities in ending and preventing family homelessness through neighboring relationships that demonstrate Christ's love.

Advocate: Ajay Bajaj | axbajaj@yahoo.com

### **DENVER STREET SCHOOL**

### DenverStreetSchool.org

Since 1985 Denver Street School has provided a personal approach to education for struggling high school students needing an alternative to traditional schools. DSS is also a place where they can discover the love of Jesus and find motivation to build a better future for themselves.

Advocate: Joni Ann Morella | jmorella@missionhills.org

### FREEDOM CHALLENGE

### FreedomChallenge.com

Freedom Challenge strives to help enslaved women and children by participating in physical challenges that test limits while raising funds and awareness to combat the dark social injustices of human trafficking.

Advocate: Patsy Lange | patsyclimbs59@gmail.com

### KIDS MINISTRY AT MISSION HILLS CHURCH

Love to hold babies? Help us love on the moms in MomNation by serving in weekday Kids Ministry. You can pick one or more mornings to serve. This allows us to open our doors to even more moms.

Advocate: Jane Tolmen | itolmen@missionhills.org

### LIFE CENTER LITTLETON

### LifeCenterLittleton.org

Their vision is simple: transforming communities, period. We live this out one life at a time, sharing the hope and love of Christ while meeting immediate needs and providing long-term solutions to empower people to live the life that God has for them.

Contact: info@lifecenterlittleton.org

### **LOVE INC**

### LoveIncLittleton.org

Love in the Name of Christ (Love INC) seeks to be the eyes and ears in the community, while local churches are the hands and feet. They work to mobilize local churches to transform lives and communities in the name of Jesus Christ.

Advocate: Cynthia Dillon | cynthia@LovelNCLittleton.org

### NORTH LITTLETON PROMISE

### NorthLittletonPromise.org

North Littleton Promise builds life-giving relationships with immigrant kids and their families through faith, education, and leadership.

Contact: Maureen Shannon | maureen@northlittletonpromise.org

### **OPEN DOOR MINISTRIES**

### **ODMDenver.org**

Open Door Ministries provides housing, training, and encouragement to women in urban Denver that have chosen to leave their destructive lifestyles.

Contact: Jennifer Overshiner | volunteers@odmdenver.org

### **OPERATION CHRISTMAS CHILD**

### SamaritansPurse.org

This organization provides gift-filled shoeboxes to the local churches throughout the world as a tool for evangelism and discipleship, transforming the lives of children and their families through the Good News of Jesus Christ.

Advocate: Jen Moser LaBine | jmlab43@gmail.com

### **SAVE OUR YOUTH**

### SaveOurYouth.org

SOY is a youth development organization focused on providing educational, emotional, and spiritual support through mentoring and a variety of programs.

Contact: Dan Frederick | dan@saveouryouth.org

### SEVERE WEATHER SHELTER NETWORK

### SWShelterNetwork.com

The plight of the unhoused in our area is alarming. As housing costs skyrocket, families crumble and jobs are lost, people lose their housing. You can make a difference by providing meals and sharing the hope of Jesus with those who are languishing.

Advocate: Dianna Fox | dfox1947@aol.com

### YOUTH FOR CHRIST - DENVER AREA

### vfcDenver.org

For 70 years Youth for Christ has been reaching, teaching, mentoring, and shining the hope of Jesus to youth throughout the Denver metro area. Be a part of this powerful impact by serving in any of their programs geared towards middle and high school ages.

Advocate: Allison Filippone | afilippone7@gmail.com

### International Outreach

One of the exciting and refining ways that women and/or families can join Jesus on mission is to participate in a short-term mission trip.

Around the world, women have many things in common and anyone can be used by God to minister to others. Short-term trips will challenge and bless you, and you will return transformed in some way. Our God is a big God, and He does amazing work on each and every trip.



For more information on short-term trip Scan the OR code!

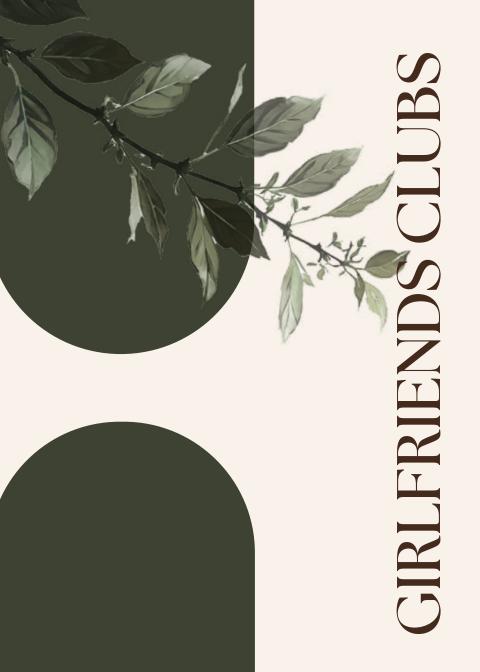
Complete the interest form or attend our Beyond Your Borders Global Experience Weekends to learn about the available 2025 trips and meet the trip leaders.

### **BEYOND YOUR BORDERS WEEKENDS**

September 28 + 29 and October 5 + 6

Before and after services

Mission Hills Lobby - Littleton Campus



# Girlfriends Clubs

Girlfriends Clubs are designed to help women of all ages connect with one another through interest-based groups. Investing yourself and your time in one of these groups creates new friendships and strengthens existing ones. Each Girlfriends Club meets at least once a month.

For more information on a group, please contact the group leader. For general questions, please contact **Jacque Carlson** | jcarlson@missionhills.org

# **WOMEN ON MISSION - COMMUNITY SERVICE**

Meets monthly | September - April

Location and times vary depending on service project.

If you enjoy serving others, this is the group for you. As Christians we are called to outwardly express our love for Jesus in how we live our lives and through service to others. Join us for monthly service projects as we build community and serve together. Life is busy, so you can choose to serve for one specific project, for a few, or for all! You can serve as an individual or invite friends. Some of the partners we will be working with are Open Door Ministries, Denver Street School, Bridge of Hope, and many more.

Contact: Linda Pasternak | thepasternaks@gmail.com

#### **CROCHET CUTIES**

First + third Monday of each month | 1:00-3:00 pm | Room M3

Join our group and have fun crocheting while making new friends. Our group is for all ages and skill levels. Each year we do projects as an outreach to our community. We also enjoy getting together for lunch before our meeting every other month.

Contact: Mary Parman | mkparman@comcast.net or Pat Jacobsen | traincraft@aol.com

# **HEARTFELT QUILTERS**

Second + fourth Thursday of each month | September-May (No December Meeting) | 12:00-3:00 pm | The Mill

Come enjoy the fellowship of ladies who love making guilts for families dedicating a newborn, residents of assisted living facilities, homeless veterans getting their first apartment, and women coming out of human trafficking, along with other special projects from time to time. You are also welcome to bring any sewing projects you might need help on. All ages and skill levels are welcome.

Contact: Dotti Gleason | dottitgleason@comcast.net

# WOMEN'S HIKING ADVENTURES

Second Saturday of each month | Time Varies Depending on the Hike

Let's fellowship with each other in God's beautiful mountains! All skill levels are welcome as we explore the beauty of Colorado, throughout every season.

Contact: Margery Morris | margeryfx@gmail.com

# LADIES OF LITERATURE

Second Thursday of each month | 7:00 pm | Seating area outside of The Grove

Enjoy a monthly book selection and great discussion with a fun group of ladies. We generally read newer fiction titles. For our service project, we collect and donate books to various organizations.

Contact: Penny Moyer | pennymoyer@gmail.com

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My sheep listen to my voice; I know them, and they follow me.

John 10:27

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# EVENTS SPECIAL

#### LISTEN to God's Voice - Women's Fall Event

Featuring Lisa Harper

Friday, November 1 | 6:30-9:00 pm

Saturday, November 2 | 9:00 am-noon

Cost: \$40 for two days, \$25 for one day

Registration opens: October 1

BOGO: Buy one, get one half-off on 2-day (\$40) tickets.

Price valid October 1-8 ONLY.

**Lisa Harper** is a master storyteller, sought-after Bible teacher, and author known for her authenticity. Her writing and speaking overflows with colorful pop culture references that connect the dots between the Bible and modern life. She combines sound scriptural exposition with relatable anecdotes and comedic wit. Lisa is a mother to Missy, who she adopted from Haiti.

#### FOOD TRUCKS

Come early on Friday to enjoy delicious food trucks.

#### WORKSHOPS

Workshops will be available between the main sessions. The full schedule of options will be released when registration opens.

#### WORSHIP

We are excited to have Justin Adams back to lead worship.

This weekend will be filled with fun, laughter, and the reminder of God's undeniable love for you.









# Lifeway Women Presents: FEAST Featuring Kristi McLelland at Mission Hills

Friday, June 20 | 7:00-9:30 pm

Saturday, June 21 | 9:00 am-noon

Cost: \$85 for Individual tickets, \$70 for groups of 5 or more

Kristi is traveling the country hosting these special events with Lifeway Women. We are fortunate that Mission Hills Church has been asked to participate as a host!

# Who is Kristi McLelland?

Kristi is an author and speaker who helps the Bible come to life as she teaches how to study the word of God from a cultural and historical perspective. Her great desire for people to truly experience the love of God has led her to guide Biblical study trips to Israel, Turkey, Greece, and Italy.

#### What is FEAST?

Jesus often taught through stories, and many times He taught as people gathered around a table or meal. Imagine sitting around that ancient table filled with a feast, hearing stories come to life.

While we can't go back to sit at that table, there is a table we are invited to. Join Kristi at FEAST—an event where we gather to feast upon God's Word. This is a journey that's more than an event—it's an experience to taste and see the goodness of God that has nourished souls for generations. Come and take your seat at the table.







# **Mark Your Calendars**

# MORE INFO TO COME!

# **Comedy Date Night**

February 2025

Every marriage needs encouragement! Whether you rate your relationship a perfect 10, or you're feeling closer to a 3, a free date night with your spouse, laughing and learning, might be just the thing you need. More details to come - limited childcare will be offered.

# **Women's Spring Event**

**Details Coming Soon!** 

# **Deeper Event - NEW DATE**

Tuesday, August 12, 2025

Ladies, join us as we launch our next year of ministry. Deeper is an event for women to explore opportunities available at all Mission Hills Church campuses including: Bible Study, MomNation, Support Groups, Outreach, Girlfriends Clubs, and Special Events. Join us to meet the women of your community and plan for the fall by finding your place to get connected and grow in your faith.



# **POLICIES**

# **Kids Ministry Policies**

Doors open for check-in 15 minutes before each meeting is scheduled to begin.

Please sign in your child at a computer station to receive a name tag for your child and a guardian receipt that will be used for pick-up.

If you are checking in an infant, please fill out an infant form found at the counter. If you are dropping off a child who is potty training, please let the host/leader know and place a potty training sticker next to your child's name tag.

To avoid any unnecessary accidents, we ask that you take your child to the bathroom before dropping them off at their assigned classroom.

Please bring the following items with your child and make sure each item is labeled:

- » Diaper (no cloth diapers) and change of clothes
- » Bottle (if needed) with mixing instructions
- » Pacifier
- » Blanket or comfort item
- » For potty training children, a labeled bag with a pull-up and change of clothes, as accidents do happen

For snacks, we provide Cheerios for infants, and apples and a dry snack for toddlers and older. For children with allergies (should be notated on their name tag), please provide an alternative snack (clearly labeled in a baggie, with their first and last name). We ask that you not bring in food requiring a utensil. **No nuts, please.** 

Please pick up your child no later than 10 minutes after your meeting has been dismissed.

Should you need to be reached regarding your child, we will text message your cell phone with the location where you are needed. If you do not have a cell phone with you, please let the classroom greeter know of your location so we can locate you.

To protect the health of families and staff, we ask that you do not bring children with the following symptoms (child must be unmedicated-symptom free for at least 24 hours prior to the event):

- Fever
- Persistent cough
- » Unexplained rashes
- Thick or green runny nose
- Pinkeve or other eve infections
- Vomiting or diarrhea

In the event you realize your child may have been contagious with a serious illness after they have been in our care, please contact us at mhckids@missionhills.org so we can notify our families.

If you have any questions, please contact:

Jane Tolmen | Kids Weekday Coordinator | jtolmen@missionhills.org

# Weather Policies

Because we are on the border of Littleton and Highlands Ranch, our weather-related cancellation/closure policy is as follows:

# **BIBLE STUDIES AND MOMNATION**

If either Littleton Public School District or ALL of Douglas County School District announces a delay in school starting time, our morning Bible Studies and MomNation programs will meet from 10:00 am-noon.

If **either** Littleton Public School District **or** ALL of Douglas County School District announces a **closure**, we will cancel events. You can also check news channels, missionhills.org, or call our office at 303.794.3564 for weather-related closure or event cancellation information.

### SATURDAY WORKING MOMS

For weather-related cancellations, you will receive an email by 7:00 am. You may also check the Mission Hills Working Moms of Littles Facebook page.

# **FALL BREAK**

Because the dates within each school district vary, we will not be taking a Fall break from studies.

# **SPRING BREAK**

During the week of **March 24-March 28** MomNation groups and Bible studies will not meet.

# ONNECT WITH



# Connect With Us

# **NEWSLETTER**

Sign up for our monthly newsletter to receive updates on what's happening in Women's Ministry.



# Scan this code!

with your phone and enter your email address

# **WEBSITE**

For more information on Mission Hills Women's Ministry, visit our website at missionhills.org/women.



Scan this code! for more information

# **FACEBOOK**

/Mission Hills Women's Ministry /Mission Hills Moms of Littles /Mission Hills Moms in the Middle /Mission Hills Working Moms of Littles

# **INSTAGRAM**

- @missionhillswomen
- @missionhills\_momnation

# **Podcasts**



# **ANCHOR + WAVES**

A Topical Podcast for Women Hosted by Stacy Ludwig and Jacque Carlson

Whether single, married, young, or old, we desire this podcast to be a companion on your faith journey, a reminder of the Anchor available in every season of life. Through stories, teaching, interviews, and panel discussions we hope to be a source of strength, encouragement, and community.



# **AUDACIOUS LOVE**

**Bible Teaching by Kim Fearing** 

This 7-episode podcast focuses on the study of God's word. Each episode explores the many ways Jesus shows love to women in the Bible and how they daringly love Him back. Kim discusses how each woman's willingness to trust without hesitation took her relationship with Jesus to new heights.



# THE STORY OF RUTH - HEALING, HOPE + REMEMBRANCE

# **Bible Teaching by Kim Fearing**

Follow the unlikely story of a young, widowed woman who leaves behind everything she has known to follow her mother-in-law to an unknown future. Witness how trust in an ever-present God brings hope and healing to women beat down by life's circumstances. Explore how looking at your own life through new eyes will reveal how God is even now at work in you. Remember your God and reignite your joy.



# THE STORY OF ESTHER - FINDING FAVOR **Bible Teaching by Kim Fearing**

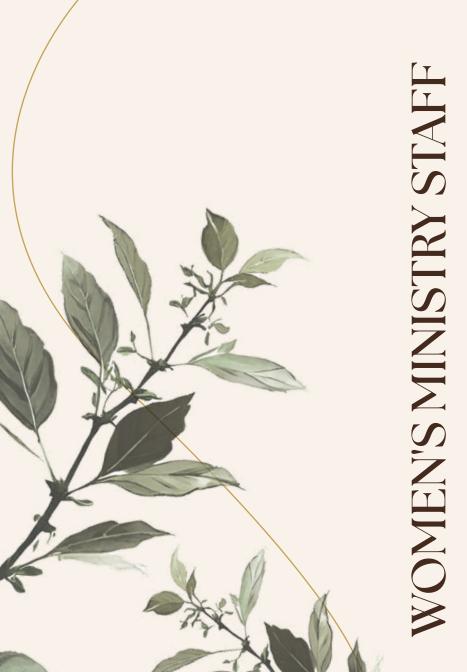
**Releases September 2024** 

The book of Esther introduces us to fascinating and complex characters, making surprising choices that lead to unpredictable endings. In their common search for worth, they seem to ultimately be asking the same question: Whose favor must I gain in order to measure my value in this world? Join Kim as she explores the five main characters who give us glimpses into humility, pride, mercy, forgiveness, and loyalty. God creates each of us purposefully, "for such a time as this."

Listen and subscribe through Apple Podcasts, TuneIn, Spotify, Stitcher, Google Play, iTunes, or wherever you get your podcasts.

Your word is a lamp for my feet, a light on my path.

Psalm 119:105





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You will seek me and find me when you seek me with all your heart.

Jeremiah 29:13